

Professionally Speaking

Volume 61, Issue 1



2nd Annual Nurse Wellness Conference

The MODNA Board is sponsoring 50 members to attend the ONA Nurse Wellness Conference beginning at 7:00 am on March 8th and ending at 12:30 pm on March 9th. The conference will be held at The Arthur G. James Cancer Hospital and Richard J. Solove Research Institute, 460 W. 10th Avenue, Columbus 43210. To **register**, please email smfunt@modna.org.

The **2nd Annual Nurse Wellness Conference** will include self defense training, yoga, float therapy, mindful eating, energy management, introduction to reiki, Zumba, and much more! Nurses often feel stressed, fatigued and full of aches and pains. They often put their own health secondary to their patients and family. It's time to put you first! Attend the conference to focus on your own well being.

Comfortable cloths and sneakers are recommended for participation in the fun, active sessions.

Contact Hours will be awarded commensurate with participation:

Friday—maximum 5.75

Saturday—maximum 4.75

The Ohio Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-00191)

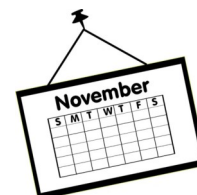
Committee Reports

The **Nursing Transitions Initiative** Committee met on December 6th to plan their next #NurseLife #AmIReady for senior nursing students. This event will be held on Monday, February 11th; reservations are required. The Committee also has added a new tab, *Transitions Resources*, to the website www.modna.org. —Kaitlyn Kolcun, Chair

The **Continuing Education** Committee met on January 8th to plan programs for the next several months. Details for these programs will be forthcoming. There will not be a CE Program in March due to NDASH and the 2nd Annual Nurse Wellness Conference. Plan to attend these two events as well as the CE Program on January 23rd. — Sheri Southworth, Chair

In Memoriam

Donnalea "Dee" Phinney, BSN, RN passed away on December 25, 2018.



4,477 Active Members

Healthcare and the LGBTQ Community

CE Program and Business Meeting

Presenter: Johanna Taylor, APRN-CNP
Program Manager IV RN
Women's Health and Wellness Center
Columbus Public Health

When: Wednesday, January 23, 2019
6:00 pm, snacks will be served

Where: James Cancer Hospital & Solove Research Institute
L045 (Gabbe)
460 W 10th Avenue, Columbus 43210
Park in South Cannon Garage; exit fee ~ \$6.00

Who: Nurses and Nursing Students

Continuing Education This activity will provide 1.25 contact hours.
This continuing nursing education activity was approved by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation (OBN-001-91).

Cost: Free to members and students!
\$15 for nonmembers

Registration: Contact the Mid-Ohio District Nurses Association at smfunt@modna.org or 614-326-1630

Questions: Contact Shirley Funt at smfunt@modna.org or 614-326-1630

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MODNA Scholarships

The Debbie Cannon Freece Nursing Leadership Scholarship was established by the Mid-Ohio District Nurses Association to honor the leadership and service of Debbie Cannon Freece, former Executive Director of this association. Her belief in mentorship, education, volunteerism, and advocacy on public health issues drives her commitment to the nursing profession.

Eligibility

1. Candidates must be enrolled part or fulltime in a nationally accredited Undergraduate Nursing Degree Program.
2. Candidates must have a 3.0 grade point average.
3. Candidates must be an active member of their student nursing organization, if one is available, or an active member of a campus student organization.
4. Candidates' permanent address or school of nursing must be located in one of the following Mid-Ohio District counties: Delaware, Fairfield, Fayette, Franklin, Logan, Madison, Pickaway, or Union counties.~

The Dorothy A. Cornelius Nursing Scholarship was established to honor the professionalism and ideals of Dorothy Alice Cornelius. Ms. Cornelius was a magnificent leader in the State of Ohio, throughout the United States, and in the international nursing community.

Eligibility

1. Each applicant must be a registered nurse member in good standing of the Mid-Ohio District Nurses Association.
2. Each applicant must be enrolled in a nationally accredited program leading to a Bachelor's Degree or a higher degree in Nursing, or a directly related field of doctoral study.

The deadline for submission of all scholarship applications is the **3rd Friday of February**.

Scholarship details and application can be found on our website at www.modna.org.

Planning Calendar

Jan 23rd	Healthcare and the LGBTQ Community, 6:00 pm; James L045 (Gabbe), 460 W 10th Ave, Columbus 43210
Feb 4th	Nursing Transitions Initiative Committee Meeting, 5:30 pm, MODNA Office
Feb 6th	Finance Committee Meeting, 5:30 pm; MODNA Office
Feb 12th	CE Committee Meeting, 5:00 pm; MODNA Office
Feb 13th	MODNA Board Meeting, 5:30 pm; MODNA Office Bldg 2nd floor conference room
Feb 20th or 21st	CE Program, <i>Poisoned Water</i> (NOVA Investigation of what happened in Flint, MI), 6:00 pm; location TBA
Mar 6th	NDASH—registration is open at http://ohnurses.org/ndash/
Mar 8 & 9	2 nd Annual Nurse Wellness Conference; begins @ 7:00 am on 3/8, ends @ 12:30 on 3/9; Arthur G James Cancer Hospital & Richard J. Solove Research Institute, 460 W 10 th Ave, Columbus 43210



Mid-Ohio District Nurses Association
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